

When angry, hurt, or upset, I am free to ask . . .

- What am I being called to learn from the “thorn in my flesh”?
- Am I leaning unto my own understanding instead of trusting God?
- What is the purpose of my behavior or emotions?
- What is the payoff?
- What do I want that I am not getting?
- Am I so focused on getting what I want that I’m ignoring the other person’s needs?
- Am I trying to control circumstances instead of accepting reality?
- Am I being trained for a future not yet known to me?