

- I experience joy when . . .

- I feel at peace when . . .

- I can nurture my spirituality by . .

- The blessings of grace that surround me are . . .

- I have fun when . . .

- My strengths are . . .

- My weaknesses are . . .

- I would like to be remembered for . . .

- If I keep living as I am today, I will be remembered for . . .
- My top five priorities in life are . . .
- The qualities I admire in other people are . . .
- The qualities I admire in myself are . . .
- I can use my talents to serve others by . . .
- The thing I love most about my life is . . .
- The thing I am most dissatisfied about in my life is . . .
- I would/would not continue working at my present job if I did not get paid for it.

- Things that drain my energy are . . .

- I am enthusiastic about . . .

- Time passes quickly when I am . . .

- Time passes slowly when I am . . .